

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

Menu Name: ELEMENTARY BREAKFAST

Include Cost: No

Site:

Report Style: Detailed

Friday - 11/01/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000664 DONUT LONG JOHN RICHS | SERVING | 1 | 406 | 305 | 19.28 | 53.17 | *0.02 |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000317 MILK 1% WHITE | CARTON | 1 | 100 | 120 | 2.50 | 11.00 | 0.00 |
| Weighted Daily Average | | | 955 | 927 | 37.56 | 134.78 | *1.56 |
| % of Calories | | | | | 35.4% | 56.5% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Monday - 11/04/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-----------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |

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Portion Values

| CINNAMON | | | | | | | |
|---------------------------|---------|---|-----------|------|-------|--------|-------|
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| 001155 BURRITO CHEESY EGG | BURRITO | 1 | 577 | 1489 | 31.44 | 39.38 | *1.96 |
| Weighted Daily Average | | | 1129 | 2125 | 47.84 | 125.99 | *3.50 |
| % of Calories | | | | | 38.1% | 44.6% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Tuesday - 11/05/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| 000650 PANCAKES MINI MAPLE | PKG | 1 | 220 | 130 | 6.00 | 39.00 | 0.72 |
| 000651 PANCAKES MINI STRAWBERRY | PKG | 1 | 220 | 130 | 6.00 | 40.00 | 0.72 |

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Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 001022 SYRUP PANCAKE | TBSP | 1 | 46 | 16 | 0.00 | 12.06 | 0.01 |
| Weighted Daily Average | | | 1038 | 913 | 28.40 | 177.67 | *2.99 |
| % of Calories | | | | | 24.6% | 68.5% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Wednesday - 11/06/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 001187 CROISSANT EGG SANDWICH | SANDWICH | 1 | 460 | 830 | 28.50 | 33.00 | 2.52 |
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000317 MILK 1% WHITE | CARTON | 1 | 100 | 120 | 2.50 | 11.00 | 0.00 |
| Weighted Daily Average | | | 1010 | 1452 | 46.78 | 114.61 | *4.06 |
| % of Calories | | | | | 41.7% | 45.4% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Thursday - 11/07/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| Weighted Daily Average | | | 552 | 637 | 16.40 | 86.61 | *1.54 |
| % of Calories | | | | | 26.7% | 62.8% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Friday - 11/08/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-----------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000317 MILK 1% WHITE | CARTON | 1 | 100 | 120 | 2.50 | 11.00 | 0.00 |

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Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 001101 DONUTS CAKE MINI | 4 DONUTS | 1 | 200 | 270 | 10.00 | 25.00 | 1.08 |
| Weighted Daily Average | | | 750 | 892 | 28.28 | 106.61 | *2.62 |
| % of Calories | | | | | 33.9% | 56.9% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Monday - 11/11/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| 990029 SCRAMBLED EGGS *RESIZED* | 1/2 CUP | 1 | 182 | 341 | 9.59 | 6.40 | 1.78 |
| 001155 BURRITO CHEESY EGG | BURRITO | 1 | 577 | 1489 | 31.44 | 39.38 | *1.96 |
| Weighted Daily Average | | | 1311 | 2466 | 57.43 | 132.39 | *5.28 |
| % of Calories | | | | | 39.4% | 40.4% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Tuesday - 11/12/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000317 MILK 1% WHITE | CARTON | 1 | 100 | 120 | 2.50 | 11.00 | 0.00 |
| 000616 Dutch Waffle | FUNNEL CAKE | 1 | 300 | 350 | 13.00 | 43.00 | 1.80 |
| Weighted Daily Average | | | 850 | 972 | 31.28 | 124.61 | *3.34 |
| % of Calories | | | | | 33.1% | 58.6% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Wednesday - 11/13/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000504 BISCUIT SANDWICH | SANDWICH | 1 | 420 | 1110 | 27.50 | 27.00 | 1.80 |
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |

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Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | | | | | | |
|---------------------------|--|-----------|------|-------|--------|-------|
| Weighted Daily Average | | 972 | 1747 | 43.90 | 113.61 | *3.34 |
| % of Calories | | | | 40.6% | 46.8% | |
| Weekly Nutrient Guideline | | 350 - 500 | 540 | <=0 | | |

Thursday - 11/14/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000317 MILK 1% WHITE | CARTON | 1 | 100 | 120 | 2.50 | 11.00 | 0.00 |
| 000528 TORNADOS EGG BACON & CHEESE | EACH | 1 | 220 | 490 | 12.00 | 23.00 | 1.44 |
| 000527 TORNADOS FRENCH TOAST & SAUSAG | EACH | 1 | 190 | 200 | 8.00 | 22.00 | 2.70 |
| Weighted Daily Average | | | 960 | 1312 | 38.28 | 126.61 | *5.68 |
| % of Calories | | | | | 35.9% | 52.8% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Friday - 11/15/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| 000541 BISCUIT & GRAVY | SERVING | 1 | 300 | 1100 | 16.00 | 33.33 | *1.08 |
| Weighted Daily Average | | | 852 | 1737 | 32.40 | 119.94 | *2.62 |
| % of Calories | | | | | 34.2% | 56.3% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Monday - 11/18/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-----------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 001059 BISCUIT SOUTHERN STYLE | BISCUIT | 1 | 180 | 580 | 8.00 | 24.00 | 1.08 |
| Weighted Daily Average | | | 732 | 1217 | 24.40 | 110.61 | *2.62 |
| % of Calories | | | | | 30.0% | 60.4% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Tuesday - 11/19/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| 000650 PANCAKES MINI MAPLE | PKG | 1 | 220 | 130 | 6.00 | 39.00 | 0.72 |
| 000651 PANCAKES MINI STRAWBERRY | PKG | 1 | 220 | 130 | 6.00 | 40.00 | 0.72 |
| 001022 SYRUP PANCAKE | TBSP | 1 | 46 | 16 | 0.00 | 12.06 | 0.01 |
| Weighted Daily Average | | | 1038 | 913 | 28.40 | 177.67 | *2.99 |
| % of Calories | | | | | 24.6% | 68.5% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

Wednesday - 11/20/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| 000951 MUFFIN I/W | PKG | 1 | 180 | 120 | 5.00 | 30.00 | 1.44 |
| Weighted Daily Average | | | 732 | 757 | 21.40 | 116.61 | *2.98 |
| % of Calories | | | | | 26.3% | 63.7% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Thursday - 11/21/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-----------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

| | | | | | | | |
|---------------------------|----------|---|-----------|------|-------|--------|-------|
| 000504 BISCUIT SANDWICH | SANDWICH | 1 | 420 | 1110 | 27.50 | 27.00 | 1.80 |
| Weighted Daily Average | | | 972 | 1747 | 43.90 | 113.61 | *3.34 |
| % of Calories | | | | | 40.6% | 46.8% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Friday - 11/22/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|------------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000664 DONUT LONG JOHN RICHS | SERVING | 1 | 406 | 305 | 19.28 | 53.17 | *0.02 |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000317 MILK 1% WHITE | CARTON | 1 | 100 | 120 | 2.50 | 11.00 | 0.00 |
| Weighted Daily Average | | | 955 | 927 | 37.56 | 134.78 | *1.56 |
| % of Calories | | | | | 35.4% | 56.5% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Monday - 11/25/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| Weighted Daily Average | | | 552 | 637 | 16.40 | 86.61 | *1.54 |
| % of Calories | | | | | 26.7% | 62.8% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

Tuesday - 11/26/2019

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-----------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000662 CEREAL VARIETY | CEREAL | 1 | 112 | 165 | 2.12 | 22.75 | *N/A* |
| 000495 TOAST | SLICES | 1 | 126 | 161 | 6.82 | 13.00 | 0.72 |
| 000093 TOAST CINNAMON | SLICES | 1 | 151 | 161 | 6.83 | 19.86 | 0.82 |
| 000983 JUICE CUP | CUP | 1 | 60 | 15 | 0.00 | 15.00 | 0.00 |

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Portion Values

Nov 1, 2019 thru Nov 26, 2019

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|-----------|----------|-----------|
| 000489 MILK VARIETY | CARTON | 1 | 102 | 135 | 0.62 | 16.00 | 0.00 |
| Weighted Daily Average | | | 552 | 637 | 16.40 | 86.61 | *1.54 |
| % of Calories | | | | | 26.7% | 62.8% | |
| Weekly Nutrient Guideline | | | 350 - 500 | 540 | <=0 | | |

| | | | Cals ¹ (kcal) | Sodm ¹ (mg) | T-Fat (g) | Carb (g) | Iron (mg) |
|-------------------|--|--|--------------------------|------------------------|-----------|----------|-----------|
| Weighted Averages | | | 884 | 1223 | 33.17 | 121.66 | *2.95 |
| % of Calories | | | | | 33.8% | 55.0% | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.